

Protect Your Hearing Every Day

Protect Your Hearing Every Day

Introduction

— —

you're never too young for
doesn't develop overnight. (Well, some does, but we'll address

, ask yourself, Am I going to regret this someday?

The bottom line is this: If you're serious about pursuing a career in music, you need to protect

ou won't regret it.

Disclaimer



Music and Noise

we're referring to music—

noise induced hearing loss. You may be wondering why
— **ōpkuŋō**



Musicians and Noise-Induced Hearing Loss

Nowadays, more and more is being written about the sound levels of certain musical groups. It's



Evaluating Your Risk for Hearing Loss

Basic Protection for Musicians



