

**Department of Secondary Education, Professional Studies and Recreation**

**B.S. in Recreation**

# **FACT SHEET**



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## **THERAPEUTIC RECREATION**

The Therapeutic Recreation (TR) tract prepares students to deliver therapeutic recreation services. Services include assessing individuals; planning, implementing, and evaluating recreation programs for people with disabilities, illnesses, and special needs. Many of whom may need assistance in developing skills for leisure involvement.

An individual pursuing a career in Therapeutic Recreation is involved in using recreation as a tool to work with people with physical disabilities, developmental disabilities, mental illness, limitations due to aging, dependency on alcohol or other drugs, or work with youth who are considered at-risk. Graduates may work in rehabilitation centers, hospitals, nursing homes, childcare agencies, correctional facilities, schools, parks and recreation agencies, and other health and human service agencies. Upon completion of a recreation degree from the CSU accredited program students can pursue becoming a Certified Therapeutic Recreation Specialist (CTRS) through the National Council for TR Certification ([www.nctrc.org](http://www.nctrc.org)).